



SCOUTS[®]
South Africa

Member of the World Organisation of the Scout Movement

EAST RAND DISTRICT

NIGHT HIKE 2010

VENUE: On the streets near you! (Maybe)

WHEN: Friday, July 30, 2010

TIME: 6 PM to 6 AM

THEME: Meals on Wheels.

PATROL SIZE: 5-8 Scouts

COST: R20-00 per Scout with a minimum of R120-00 per patrol.

CLOSING DATE: Wednesday 21 July, 2010

DETAILS:

- **KITCHEN**
 - You must pre-construct a mobile kitchen on a wheelbarrow.
 - More than one wheel barrow may be used but each must be an independent unit.
 - Cooking will be done on an open fire carried in the wheelbarrow.
 - More than one pot may be needed for cooking at one time.
 - No gas will be allowed
 - Suitable fire precautions must be taken.
 - An award will be made for the 'best' kitchen
- **BASES**
 - Cooking will be done 'on the move' between bases.
 - There will be a number of bases between start and finish.
 - Some bases will be Meals on Wheels judging bases.
 - Other bases will be activity bases.
 - Meals on Wheels bases may have other activities associated.
 - The whole Patrol and the Mobile Kitchen must be present at all bases.
- **MENU & MEAL**
 - The menu will consist of at least 3 courses.
 - Each course will be presented at a designated base.
 - You will be give the menu, recipes and ingredients at the start.
 - You will have to provide :
 - All pots and pans and cooking utensils.
 - All meal presentation material. Trays, eating utensils serviettes etc.
 - All the normal condiments: Pepper, salt etc.
 - Water for drinking, cooking and cleaning.
 - Certain cooking necessities to be specified later.
 - Points will be awarded for meal presentation.
 - There will be a pre and post "Meal on Wheels" inspection.
 - The fees collected will be used to purchase the ingredients for the competition menu. All other food, drinks etc that the Patrol might require or want will have to be supplied by the Patrol themselves.

- **ROUTE & HIKE**
 - A route map will be provided.
 - You will need a compass per Patrol
 - No deviation from the designated route will be allowed.
 - Total hiking distance will be approximately 15 kilometers. (More, of course, if you get 'lost'.)
 - All Patrols must have completed the hike by 6 AM on Saturday 31 July.
 - The start of the hike will be staggered to prevent the bases from being overwhelmed.
 - The hike is taking place in Winter, so ensure that each Scout is warmly dressed with some change of clothing available.
 - Camping and sleeping equipment (Not that you should expect to get much sleep) will be placed in trailers at the start and transported by the district Night Hike staff to the finish.
 - There will be a PL's briefing before the start of the Night Hike.
- **BEHAVIOR**
 - The Scout Law is the law of the Night Hike.
 - The hike will take place in residential areas, so please respect the residents' property.
 - All noise must be kept to a minimum especially after 10 PM.
- **SAFETY**
 - Rules of the road must be adhered to at all times.
 - There will be adequate district vehicles patrolling to ensure safety.
 - Should a Scout need to be transported by a district vehicle, follow car or 'official' vehicle due to injury, or illness, then the district Night Hike staff must be informed.
 - A consent form must be filled in for each Scout participating whether they are hiking or 'manning' a base.
 - Each Patrol must have at least two safety bibs to be worn by the 'leading' and 'trailing' Patrol member. Ideally all Scouts participating should wear safety bibs.
 - The relevant Metro police and Community Security Patrols will be informed of the event. Where possible they will be patrolling to ensure safety.
 - Cell numbers of each base and district Night Hike staff will be provided,
- **FOLLOW CAR**
 - A 'follow' car is not mandatory but may be employed at the discretion of the Patrol, their Troop or parents.
 - The follow car may not transport any Scout or equipment during the hike except in the case of emergencies.
 - Any participation by the follow car in the competition will cause the Patrol to be disqualified.
- **STA's**
 - Just to ensure that you don't have any spare time, STA's will be part of the competition.
 - Bring along a STA box. This may also help with the meal presentation.

Happy Cooking,
May the fire be with you.

YiS,
Grizzly